

# #4

## BOOK FOUR



# Helping you to focus better

**Crystalens® vision workbook**  
"your road to visual rejuvenation"



Crystalens®

see young ... be young

# ANIMALS

P W N O Z G C X B U T R K X B Q Q M S O  
G O D I O D X S M Q H W M I J E L I X G  
Z M U V U Z I P L T F A L N I L T V W X  
G I P M C G E D A I B O A Z K I R R Q Q  
H W R P S R N A E P E N O I L Z F T F A  
S K T Y L T J E S N C A W O R A N O Q Z  
B C E H S R U F P L O P S D K R F T G T  
S B S G S X T R D R A P O E L D I I Z A  
F L E F O P I X T I F O X P Z R S V S C  
G I A K X Q G A X L X W I G E A Q S R H  
O I W Q K O L K L V E X S O Q P R Z P K  
K F K S E C A T F F V D V Z J P J A U N  
H T F E E V J M V C T N B I O B Y N M R  
W M I M T D F T N I I R W F B K K W E B  
D B R G T B R W O L F H B T T W D V I M  
C L U P E D O O I G E V F U T D G U I A  
L I L G K R G D Z L T B M Y I R S K Z I  
F Y T D C J N K S B B K E L A T P G O U  
V U Y G F C D K F H G X Q E U S I J T W  
S U U H N A I B T O P G B K Y E V O O B

bear

penguin

cat

pig

dog

ram

fish

seal

frog

tiger

leopard

turtle

lion

wolf

lizard

# RI BEACHES

B Z A M R E B G C L T B K U G S G U Y F  
V S X B U H A K J U K R J U C O E Q X W  
C X O N Z L K B C A O R O A D Y K B H I  
J C F M H E W I L G P T R D L X M X O B  
D Z R K F D M O E V K B A X D U N W R L  
M Q Q I T A J R D I O R M A T U N U C K  
N W Z Q U Z W I G R D E N O T S N O O M  
N K J Q T H T V O P T L S M E A U G U Z  
G W S G E D S U A J J M M X V D Q Q X A  
Q I O E B C G R N A R R A G A N S E T T  
M V L T X H K S W J X S E P R V F Z S G  
X E F R S L V A V W P A A M G Y F K A T  
R P Q M I E T W A I N L S D J O R L E I  
X A R L M C L M V U N T T Y M U L R V P  
Q D H S H N E R B G C Y O R B I G P M L  
H G N H D O B N A A U B N H L I T J S R  
X T I Q N U R Y W H J R H E N Y B X M Y  
R L C S Y T S R R X C I E I S C A U Y R  
L U Y E G L Q D U F X N N D N A L K A O  
X M X P C G D T T M W E B D X I L N C Y

Charlestown

Oakland

Easton

Roger Wheeler

Gallilee

Salty Brine

Goddard Park

Scarborough

Matunuck

Watch Hill

Misquamicut

Moonstone

Narragansett

Ninigret

# BOARD GAMES

F Z G E T I U S R U P L A I V I R T C Y  
W X D V Y M N M S V B K N P A V H N H C  
M L K B I L U P V M L H B T Y P Z T E C  
R N L O K F O R U B X J F X L Z C Z C H  
R S V Z B S J P I F U R W H K G H D K I  
V X T R T Q D V O T S R J D D M E M E T  
B Y V F X I P H X N M J U R V Y S D R P  
A Z T E L B U O R T O H Y U A J S H S L  
S Y E Z K D H J M W X M H H O V G P B I  
B S E K C W O W B W B R T Z D S R U N A  
N O D W S W F G G J O Z V T S A O A Y X  
X A K Y B W U U S Z E N T H S Q T B N O  
B G S N B E T N Q E Y H U T T B J G U U  
N A M L E P R O G B F T I G P G E G M B  
E U A R V W C B T C F L R P L U H L R H  
Q B X N P V W S Z E Q L E Z L M K Q Z C  
F H N R N D T Q D W M G I C P M F V E U  
V T G C X J C R H E G J E F X B C W T U  
L G V G B E A I J P L N A C E L C P C H  
H W D F B A K V B S C R A B B L E O E G

Checkers

Chess

Clue

Life

Monopoly

Scrabble

Trivial Pursuit

Trouble

Uno

Yahtzee

# CHILDREN'S MOVIES

G W X S A T N O H A C O P N F D S P Z S  
D A E A U I K F E D A M J M Y I T E J H  
B Y W Y D H E O H X I A A R W A A T M U  
K F Y R O T S Y O T S P J S W M P E D A  
D D D Z I R D J D P A L L U R R L R A B  
C X L W Z T F K D J T R D I I E J P W V  
E H Y L N S I T B G N N Z C C M M A S P  
P D U I L B N Y K E A L L E R E D N I C  
R G S N E H O J Q L F H Y L U L A I Z P  
R L E N B M L H G S W Y I A D T U G I J  
R O G B O T P Z V A B O W O S T M D E N  
X L Q O I W A N G M N L T C T I F I B U  
P E N E J R W I X K I R A E L L V B D F  
R J R F I I X H I H E H Z Q V O R K B I  
F G T B I R P N I L D S V N U V O A A A  
N R B Z D N G F M T S H R E K Z W J Z W  
Q Q B B T U J C B Z E F D F G T K T U O  
O C O A A Y F W D B C U M J Y S G S N Q  
M U L A N Y L I R Y M Z W K S C C Q U P  
U O A B M V F D N U G K H O Q F N L L E

Cinderella

Peter Pan

Fantasia

Pocahontas

Ice Age

Shrek

Lion King

Snow White

Little Mermaid

Toy Story

Mulan

# DRIVE THRU RESTAURANTS

I I M L Z Q R E O M P L L E D F Q Y F G  
D Z Q E B D C F V P X W K W P J P W X C  
K W Z R U G P Z H D I R E Q D C S L S E  
A P N H S N Y W D D L C H N E M I Z D L  
V O H Y H E M C C L R N H E D M O P E L  
M Q K G W E M C D O N A L D S Y M O L I  
I I B D V U H K Q H V Y X W Z Z S N T Z  
Q U M F S Q S A L T H N K G J F M H S V  
A O G X N Y D H R D H G C X Z Q S J A E  
Q O O D Y R E N S D Z L Y J P V T A C F  
P E P U G I F C A D E I K C O Z J R E T  
O E A S Z A F H Y Z X E F T P K E B T D  
O C J X U D G D P M A R S T E R Q Y I Z  
C N F K K T K Y Z B J Y A J Y K R S H J  
H C C R O P K F H D H C R W E L R F W Y  
R Q Y J K J R N C T O L L P S E V B W T  
U H C C N F N K R B G F O F Z U X C P N  
M M L I B U R G E R K I N G Q W J Z X H  
K D P C K Y O L I P O H V Q C N X L Y Z  
E I A Y D L L G B M L P X K X J G B A J

Arbys

Burger King

Dairy Queen

Hardees

KFC

McDonalds

Popeyes

Taco Bell

Wendys

White Castle

# EASTER

X R L Y Z W A  
 D G D G A W T V N  
 L N R D T F A Z I C G  
 T T E E D I F I N N A E E  
 I F T N E A U U T C E L Q N L  
 P F Y A S O R L H N F G V O O B S  
 B E P B P T G P H A S Q A A D T T A C  
 U E M E T W N O I T C E R R U S E R F  
 Z H T S E P U L C H R E B Y E A C C V  
 V E T A U R V Z A O U F A I H G L W T  
 R E N E L A D G A M C R R T R R D H O  
 W H B A K I M K E A I P A G W C I U M  
 H T Y J M E P M U S F M B I N E S D J  
 R E L W E X Q E E I K B G V I C O  
 Q K H L S N I R X D A E M M K  
 S S K Z H A V I S S O R C  
 D S C O T H O R N S C  
 D A J N E N L S K  
 X T V P G A T

angels

Arimathaea

Barabbas

Calvary

chief priests

cross

crucifixion

Emmaus

Gethsemane

John

King

Magdalene

nail

ninth hour

Peter

Pilate

resurrection

risen

scribes

sepulchre

Simon

stone

thieves

Thomas

thorns

three

vinegar

sepulchre

# GAMBLING

D T V U I C L O T T E R Y G N L Q V T Y  
X M S N O H D Y X F B O W E Y Q E F Z R  
E V C I W N S L X U B V J M P E U Y J U  
A F S N K A X A R Q A O O O V N N A F R  
O P M L Z L P E Q A E V R N I M B O O Y  
H B Q O O S H V Q T Q S G E M V C Z M O  
O U K J H T P Y K Z E W X K S G W O W P  
E E G S D M M Y S C N K J U K Y H P K B  
N M P P B E J A A C G G S E C A R G O D  
A K W L P A R R C I O I D J A P O K E R  
A V D V P Q E J T H S N H Y J V Y A X J  
Q J B N P S B G H A I H I X K G S Y T O  
M E R D R S S B I N R N A S C L D F A W  
U Y U O P D X Y D B V A E E A F O L L M  
F L H I K V H P Z Z Z I C S L C O O Y M  
U O H S W Q T N E W F N A C B B W T G H  
W C E F E D U D Z I U G R M A L X Z M V  
Y V N D U P R J A C D M D W X B O V M F  
D K Z F U V B B R N S Q S I I L F G C N  
J B I N G O J W S X Q O J I P O A O L C

Baccarat

Bingo

Blackjack

Cards

Casino

Chips

Dog Races

Foxwoods

Horse Races

Keno

Lottery

Money

Poker

Slot Machines



# GARDENS

Z L V O  
 P L A N T T  
 Q I P A  
 L O P M  
 V S U O  
 W P J T  
 O H  
 T R E L  
 O C R V  
 Y S R E P P E P W E E D S G U B B R B B  
 E T E R E B M U C U C W S N I K P M U P  
 H L W A E R U N A M O X H D R O U G H T  
 Z C O C J Z W O R R A B L E E H W C S J  
 B L S U J I Z G R E L L I T O T O R  
 S F U A P P L E S O H L N C A P R L  
 E A M S P R I N K L E R P M E E  
 B H A R V E S T I E O O O M V C  
 D R A I S E D R A H C R O Z  
 S C X U G C E R A H  
 T I B B A R F S

apples

rabbit

green thumb

hoe

bugs

drought

scarecrow

topsoil

patch

rain

grow

hose

peppers

farmer

shovel

weeds

compost

raised

harvest

manure

plant

fertilizer

sprinkler

wheelbarrow

corn

rose

herb

mulch

pumpkins

flower

tomato

orchard

cucumber

rototiller

# HOLIDAYS

K P F Y R O S H H A S H A N A H E T E N  
 H M H V F F T N O Y D T U U C Z H V B X  
 A T X U U S J V W P Z V H U Y P N N Y G  
 R T H A N K S G I V I N G A V H W X X P  
 U T V V L E Z E W S B V D A I A C B W S  
 O H B Q A V H Y R W I S L L N K Y Z K L  
 S T O S Y X T T R C R E A F D K Y Q B I  
 A N T H O T C V T E N B N S E U M A X B  
 K E G M M J O O H T O P N Y P N E M U H  
 R B C C K I R T I R R A S S E A M O V C  
 G M V O I Y A N D E R L X Q N H O Q N T  
 Q D Q V P F E A S E M U A D D Z R N I E  
 N A H Y P S Y I T R D B K S E R I G P W  
 X E Q X U M D E C A K S V O N S A Y R B  
 P B W H R E V A M Q P Z Y F C G L B X J  
 X N A Y N K C I R T A P T S E G Y D C Z  
 K P M T E N M O T H E R ' S D A Y M G R  
 Q C S O Z A N X M S A M T S I R H C Q U  
 S V I H H M R L A N E E W O L L A H S J  
 M S N G P J K S C O L U M B U S O J W S

Christmas

Memorial

Veterans

Columbus

MLK

Victory

Easter

Mother's Day

Yom Kippur

Fathers Day

New Years

Victory

Halloween

Presidents

Yom Kippur

Hanukkah

Rosh Hashanah

Independence

St Patrick

Labor Day

Thanksgiving

Valentines

# RI MANSIONS

R Z G B O R B K N Q T R N A X I B B A B  
O M A E F M S H I B L N M H N R G Z A B  
W I Y K K G K N B N Y L U K E H T I K B  
E S Y T R O P W E N G I X A C I I V B E  
Y A U B T J B P X H F S K F E W J O U L  
I A H Z F Y F T H J V E C V H L E X N L  
I C H I T W L R E A R H K O L M R A N E  
G B M N I C V S R S U B G E T N I L M V  
E E E D O F F E Y E H B W E C E F A Q U  
S L U S A W R N P Q H S H R X K W X R E  
U L C O U A M S N X D T Z C Q E B I K A  
O H Z R C O C H A T E A U S U R M E R V  
H O T R O E H A G D W V V J B Q A A N E  
R U H E A S A E E Y V O Y K Q I X E O N  
E S Z S A O E N L A Z J T M P C V D J U  
T E P K J V J C D B B B U S J E Y N E E  
N B Z Y R Z X M L R R R Q T P E I L V B  
U X D D S T Y L P I I A P L K E M J W N  
H T E I J F U I Y D F V M J R S H Z K S  
V C B A O I K F X C H F E R G R B C R V

ABellevue Avenue

Isaac Bell House

Breakers

Kingscote

Chateau Sur Mer

Marble House

Chepstow

Newport

Elms

Ocean Drive

Hunter House

Rosecliff

# MUSICIANS

T T Q L I G F X W K V G B X C G G F T O  
R H Q Y T F J H P Z Z O G K B P W I K Q  
S E A S V D N O D S K W Q J O L F M Q B  
R T J I M M Y B U F F E T T V F Y T N P  
E E E Z B S L F S G Y R L B D C N E I I  
L D K K B Y I U N R X E E P Z O E Z R V  
D C Z T S C A M P N B H Y E A T J Z A D  
I O X P Z T J O C U B C P C S T B H S P  
M K Y X U P D J D V F U K G R E W P X U  
E Q C U R G F C Y T T J N A A L V I E W  
T K E O S L M F T V I I W R N R B R R B  
T G L W V T Y R Y P R E N I K I I L C I  
E S I F N D U Q Y P T W G J F C M U F L  
B S N B L A V Y S S B L S M C W V S W L  
U I E P S M O E D K P R G L A C M Q Y Y  
T A D Q R F C O E X Q S A O E D V U V J  
X M I G F U R F K V P P J N L E O S C O  
S K O Y R J A M E S T A Y L O R D N E E  
J B N B U G N V C O E L T O N J O H N L  
P B L C T F D A N N S E L T A E B K X A

Beatles

Bette Midler

Billy Joel

Bruce Springsteen

Celine Dion

Cher

Elton John

Eric Clapton

James Taylor

Jimmy Buffett

Madonna

Rod Stewart

# NHL (EASTERN CONFERENCE)

J H C N V S B U M C D C P Z H U U Y P E  
A Q J H N N Y X Q R S O U U U W Y V P W  
S N G P O X S R Q C A D B S E N A C S G  
N P E B U N G V E S A N F H R D V W N K  
N Z M N I A D Y E G R A G V F S W S E G  
T T W U Y J T N T I E Z R E R Z P E I A  
A Z R V T E A Q G L A M I E R E B R D B  
S B Z H Y T O F E Z T J H L N S Z B A D  
D Q N E O Z P L V C M T I G V I J A N E  
K R P R H E P W V U N G U J S I O S A V  
X X S O A A K J K A H I L G Y M O X C I  
N R M G M Y O M P T N M V R E S D A F L  
S Z E F F R G P N S R E Y L F D N F B S  
R L K V F J B I B D N E R H V C W V T B  
H R A V W R N Y E M M O L O O M N J V K  
C L M T F G K M J E E I I J R E L W T L  
W J G I I H M E V S I S L A N D E R S N  
Y S A F A P S R E H S A R H T K F F C P  
L A T C L G A P S D J Z R Q T Y M H J A  
N J Y Y R A K C I W B U C C I R F I E M

Bruins

Maple Leafs

Canadians

Panthers

Canes

Penguins

Capitals

Rangers

Devils

Sabres

Flyers

Senators

Islanders

Thrashers

Lightning

# PICNICS

H S G J  
 Y G I X C T  
 U G J B  
 T E L E  
 H K C W  
 T A O W  
 C R  
 C A L N  
 I T L O  
 T S F C I N C I P B A S K E T B A L L Y  
 L V Y H H L O L I V E S S U H R B E H A  
 A S F R U I T Q C F Z O S C E A T M M E  
 S N D G F D C H K B M M I E O D O R J A  
 U T B B A E K L R E W B B K I O E B  
 B I S P E P P E R D L Z R F O F T T  
 Q O S R M H S N I K P A N O C A  
 K E D B T G A M E S M B O R B W  
 G R A S S L P P I F D N L G  
 E T M O U L W E M E  
 V E C Y K I D S

Ants

Ball

Barbecue

Fruit

Games

Grass

Basket Ball

Kids

Beer

Napkins

Bread

Olives

Buns

Pepper

Cake

Pepsi

Eggs

Family

Food

Colas

Football

Catch

Pickles

Cheese

Picnic

Chicken

Radio

Cokes

Salt

Sandwich

Corn

Table

Cups

Thermos

Date

Watermelon

Radio

# AMERICAN PRESIDENTS (1930-present)

Z D W O H S H L K H H B R I E H D K U E  
S I G N O S U E P D U O O U T S P Y D E  
Z I B O O C E O F T O F K J W R A Q O H  
N Y P X V T J Q X S Z R C V Q B U T P P  
F R A I E W J Q E Y D E N N E K R M X A  
F M R N R W W V W R W K J X L U E I A V  
F B J Z X O E G D G I I L Y M E A T N N  
B R E L M L V D A N P F X V H M G X H E  
J N D B T Y O P C K Z C R S F P A U C T  
O O C Z H L C R A N L I U B N A N D E E  
B N H V R Y V E F C E B C O O L I D G E  
J C M N W P G W C E W B F H G N R X P E  
K V V R S C P O A H I C B W O G E N L X  
W X R S H O O H G L E E B T S N T E C V  
B I W F F M N N T X N U N M A I R I T O  
D R L X V Y Y E I K S I E Y S D A H P J  
Q R K S Q B G S O H L C R I K R C U R R  
R E O C O K Y I W C P O E R T A H O Q P  
O W U F V N B E M S I Y U T U H J V O N  
B Z P W D G I X Q X P E N K J M N D N I

Carter

Johnson

Clinton

Kennedy

Coolidge

Nixon

Eisenhower

Reagan

Ford

Roosevelt

GHW Bush

Truman

GW Bush

Wilson

Harding

Hoover

# SALON

L L R U C R H Z H M M X T S R H W M J C  
U N Y R O I W S M A A E I Y C Q K Y G Z  
N Z A O T W I F C W I N E C S K E C F Z  
T E S E K F L S B A K R D E E N J Y J W  
N B J L J Y I E Z C V M D O J H W J A H  
N X J F I M R X S G B X G R B M V U A L  
K K P W P A X P U S W H J E Y M X S S K  
S N K A Q I N A F V S X O W S E O E M P  
Z Q B Q J R R D W D X M P R B Z R C Z P  
M M O A B K W E G V W Q V S W R V B H M  
T Z D I A O B E N I B T P Y T E U Q X X  
B K J V S T D L V O S R C V S T L S M G  
B J E L S C O Y F A I J H C Q J X O H A  
G C J W P D I T D T N T A I V K J O D L  
N W Z H Y O G S Z A N A I G B Z U P C G  
R U L U Z Y L O S O N X R D A I Z M I C  
L P Q M G I V I D O W E X I N S O A L W  
H K J Q X F M V S G R P J W I O V H W N  
S J W Z N O H U O H E S S Z G Q C S S P  
G E R R N Q U K L P P Q V P G O P Z W T

Brush

Scissors

Chair

Shampoo

Comb

Sink

Conditioner

Spritz

Curl

Style

Hairdryer

Wax

Nails

Polish



# SPORTS

M A M G H L S H O S T D S X G K S Z X J  
S X S Q N P U H A Q L K G B N S T S A B  
Q P L L S I R M N B I B D E I T G G K I  
B L Z X M F L B I I L I H D T E Z V X J  
R Y X Z U B M I N D P P F G A N P L I A  
L T D O X Z A G A H I W I K K N Z W K F  
M R S P N X R S N S V I R W S I B I O O  
P B S E C I G T K I A A C C E S F O G E  
Z U C E E D R N W E I M I J C E T S N X  
I C P Z C C X S X P T V Y E I B U U I W  
G L C S S N C P X Y C B Z F A I D R L Z  
U X Z I A G X O E K S E A L N M N F W S  
W P W M R R B G Y A G W L L P R D I O W  
D V L C L L N K U B U P M M L F M N B I  
S S N O W B O A R D I N G N C Z X G C M  
V F L R V X Q V T O K Y E K C O H M L M  
J L M I N I A F E Y M R E C C O S H H I  
I O K P I I Y T G M O B A S E B A L L N  
R G N V F T K L N A R Q E B B S Z Y E G  
C X Q K H I F A N I Z I L P B W A G I X

Baseball

Skiing

Basketball

Snowboarding

Bowling

Soccer

Football

Surfing

Golf

Swimming

Hockey

Tennis

Ice Skating

Sailing